



Integrative Hypnosis: A Comprehensive Course in Change (Paperback)

By Melissa Tiers

Createspace, United States, 2010. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Winner of the prestigious I.M.D.H.A Pen and Quill Award for 2011 This book will change your mind, your practice and your clients. Melissa Tiers has mastered the art of making the complicated simple, the magical practical and learning delightful. Drawing directly from her dynamic live teaching sessions, A Comprehensive Course in Change takes you on an inspirational and practical journey through the most powerful change techniques, combining: Classical and Ericksonian hypnosis, Neuro Linguistic Programming, Cognitive, Behavioral and Energy Psychology. The latest research in neuroscience, mind/body medicine and unconscious processing is integrated to guide you and your clients through real life changes on multiple levels. Containing demonstrations, metaphors and hypnotic language patterns, this single, simple, easy-to-follow book brings to life Melissa s exciting and infectious teaching approach. A must read for anyone in the fields of mental health, hypnosis, coaching, and alternative healing.

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