



Perfect Paleo Vol. 2: 30 Delicious Easy Paleo Snacks (Paperback)

By Jamie Hunter

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Replace Unhealthy Traditional Snack Foods with Paleo Snacks. Traditional snack foods are packed full of unhealthy ingredients like trans fats, artificial flavors and colors and a variety of synthetic chemicals. If you re looking for a healthier option, make the switch to Paleo snacks with all-natural and healthy ingredients. Here are just some of the many recipes found in this book: Avocado deviled eggs.Bacon burger wraps.Baked carrot fries.Banana fries.Paleo pizza bites.Bacon-sausage jalapeno boats.Sweet fire wings.Wrapped grilled asparagus.Paleo blooming onions.Paleo popcorn.Candies cashews.Grilled pineapple.Maple bacon melts.Choco-coconut ice cream bars.and more. In addition to the recipes above, there s also a BONUS CHAPTER on how to dry fruit included as part of this handy cookbook. Buy this book today and replace your unhealthy snacks with delicious and easy Paleo snacks.



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Reviews

Good eBook and helpful one. It really is written in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

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The book is great and fantastic. it absolutely was written very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

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