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Family Recipes Made Gluten Free: Flavorful, Nutritious Easy. (Paperback)

By Patty Bahnywarter

Xlibris, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.DO YOU LOVE GREAT TASTING FOOD? THEN THIS BOOK IS FOR YOU Whether you have an allergy to gluten. Or you have chosen to eat with a gluten free life style in mind. The variety of recipe s here are healthy, flavorful and nutritious. Everything from appetizers to dessert. Designed in a easy to follow format with Helpful Hints, Conversion Charts, Flour and Baking Definitions. Even an inexperienced baker or cook can create great meals and goodies in no time at all. Through years of research and development I succeeded in creating a gluten free flour blend that you can bake with and use in cooking. This blend is used in most of the recipe s. It is cup for cup an all purpose GF flour blend. People are amazed when they taste anything made with it. You too can enjoy a great meal or baked goodie with families and friends. You can be proud of what you have labored over in your kitchen. Don t tell them it s gluten free they will never know the difference....



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