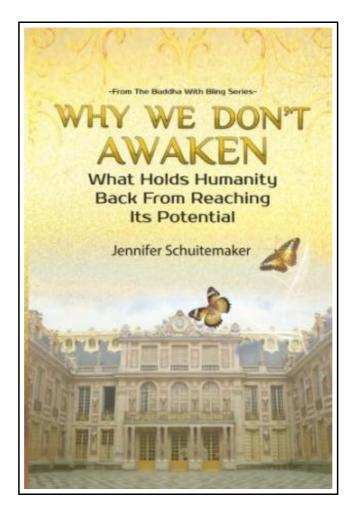
## Why We Don t Awaken: What Holds Humanity Back from Reaching Its Potential (Paperback)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.FREE Yourself from the Bondage of Limiting Beliefs Awaken to Who You have been ALL Along!! In Why We Don t Awaken, Jennifer Schuitemaker treads on sacred ground by digging up the roots of ancient myths and exposing the mechanisms that have kept us from experiencing Who We Really Are as total spiritual, emotional AND physical beings. Schuitemaker points to the use of myths such as the story of Adam and Eve, or Man's Fall from Grace, as society's way of making us believe we are imperfect or broken. By denigrating the physical aspects of ourselves-declaring them shameful and immoral -we became internally fragmented and externally separated from our total essence. Even today, according to most religious and spiritual doctrines, the only way to achieveenlightenmentorascensionis by abstaining, denying or transcending our physical bodies and the physical world. It is a startling realization of what this has cost us as a species, split apart from our innate wholeness and ultimately from the physical world that was meant to be an integral part of the Enlightenment experience. You can never become Whole while still condemning pieces of yourself. According to Schuitemaker, Enlightenment or Permanent Awakening can only happen when we heal our fragmented selves by reconnecting with our physicality. Using recent scientific findings to eschew the myths of brokenness and separation, Schuitemaker reframes this mindset and guides us through the process of integrating all four aspects of our total being. This is the Next Big Idea toward engendering a new perspective on the way we view our bodies and the world around us. Wouldn t you like to stop healing all the problems you never...

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