



## Guided Visualisations Through the Caucasus (Paperback)

By Michael Berman

Pendraig Publishing, United States, 2011. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. In a strange region he scales steep slopes Far from his friends he cuts a lonely figure. So momentous are his travels among the mountains To tell just a tenth would be a tall order These lines from Sir Gawain and the Green Knight could also be used to describe the way of the shaman, because he/she lives a life apart from other too, and has difficulty in conveying in words just what it is that he/she experiences when journeying into other realities. Perhaps this is why the accounts of such journeys were often turned into folktales, as it was the only way to make them both understandable and acceptable to people not familiar with the landscapes to be found and experiences to be had in such worlds. And it is the folktales/legends from the Caucasus, and the inner journeys these can take us on, that form the basis of this book.



#### Reviews

This publication is definitely worth buying. It can be loaded with wisdom and knowledge I am easily could possibly get a satisfaction of looking at a composed publication.

-- Rhiannon Steuber

Very helpful to all type of individuals. It really is rally interesting through looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.

-- Tyshawn Brekke

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